



- PRESS RELEASE -

City of Pompano Beach • 100 West Atlantic Boulevard • Pompano Beach, FL 33061

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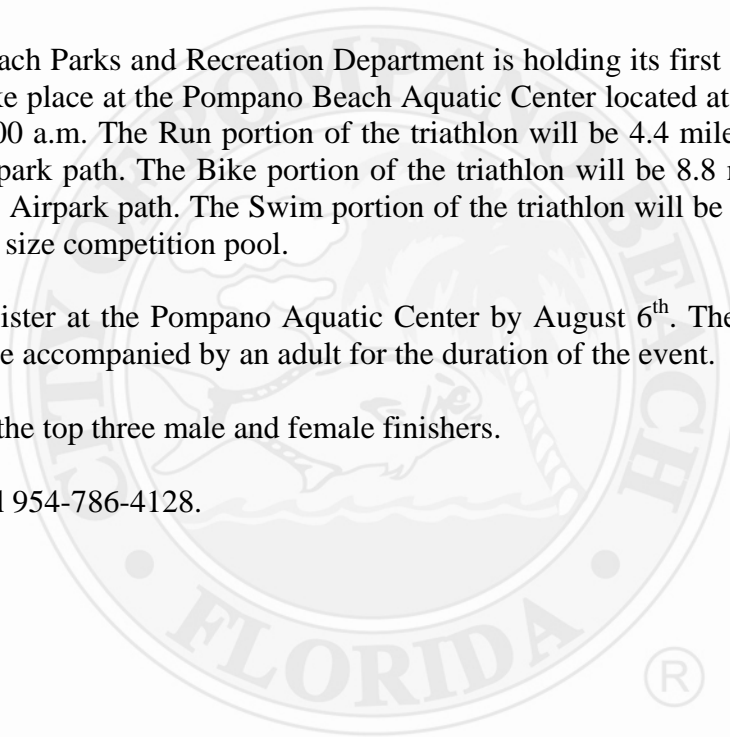
Pompano Beach Triathlon
Pompano Beach Aquatic Center
820 NE 18th Avenue
Sunday, August 9th
7:00a.m. Start!

The City of Pompano Beach Parks and Recreation Department is holding its first ever triathlon! The Run-Bike-Swim event will take place at the Pompano Beach Aquatic Center located at 820 N.E. 18 Avenue on Sunday, August 9th at 7:00 a.m. The Run portion of the triathlon will be 4.4 miles which will be one lap around the Pompano Airpark path. The Bike portion of the triathlon will be 8.8 miles which will be two laps around the Pompano Airpark path. The Swim portion of the triathlon will be 600 meters in the City's State-of-the-Art Olympic size competition pool.

Participants must pre-register at the Pompano Aquatic Center by August 6th. The registration fee is \$20. Children under 15 must be accompanied by an adult for the duration of the event.

There will be awards for the top three male and female finishers.

For more information call 954-786-4128.



Sandra King, Public Information Officer • Phone: 954-786-4527

