



- PRESS RELEASE -

City of Pompano Beach • 100 West Atlantic Boulevard • Pompano Beach, FL 33061

Press Release Date: 8/3/09

Children's Dance Classes
Emma Lou Olson Civic Center, 1801 N.E. 6th Street
Tuesday, September 8th
4:00 p.m. to 7:00 p.m.

Children love to express themselves and any type of dance can help them do that while gaining other valuable skills. The City of Pompano Beach Parks and Recreation Department is offering children's dance classes beginning Tuesday, September 8th. Dance registration will be held on Monday, August 17th, from 4:00 p.m. to 7:00 p.m. at the Emma Lou Olson Civic Center.

Classes will be offered for children ages 3 to 17 years old. Classes are offered in Ballet, Tap, Jazz, Hip Hop, Lyrical and Pointe. Monthly tuition begins at \$30. Dance registration will be held on Monday, August 17th from 4:00 p.m. to 7:00 p.m. at the Emma Lou Olson Civic Center, 1801 N.E. 6 Street.

Tap dance teaches coordination and rhythm. Children will learn to keep time with the music while moving their feet! It is a fun high-energy dance that kids love! Ballet is the foundation to all types of dance. When learning Ballet, kids will perfect coordination and improve flexibility. Ballet also increases strength while helping kids with proper posture of the entire body. Jazz dance is another type of dance that kids love. Jazz provides style as well as flexibility. Hip Hop dance is an excellent way for children to have fun while staying in shape. Hip Hop dance breaks down the moves kids love, making it easier for them to Hip Hop dance their way to fitness!

For more information call 954-786-4111.

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